

SHOALHAVEN BASKETBALL ASSOCIATION

Domestic Competition Rules



1. Introduction

- a. Competitions will be conducted in as many grades as is necessary to provide fair competition.
- b. Teams will compete in the grade in which they are allocated by Shoalhaven Basketball Association (SBA).
- c. If there is a competition for the players' particular age group, they must play in that age group.
 - i. An exemption can be granted at the request of the parent of the player. See the Junior Player Movement Policy, accessible here: [Junior Player Movement Policy](#) for further information.

All games will be conducted as per the [FIBA rules](#) as endorsed by Basketball Australia (BA) and Basketball NSW (BNSW), the state governing body for Basketball in NSW. SBA has also adopted the [BNSW Disciplinary Tribunal Policy](#) under which disciplinary matters will be undertaken.
- d. Players, officials, and spectators have the right to enjoy basketball in accordance with the [BNSW Zero Tolerance Policy](#).
- e. All persons attending SBA basketball activities are required to abide by the relevant Code of Conduct.
 - i. Players: [Code of Conduct - Players](#)
 - ii. Spectators: [Code of Conduct - Spectators](#)
 - iii. Coaches, officials and support staff: [Code of Conduct - Coaches, Officials and Support Staff](#)
- f. All persons involved with SBA basketball activities are also bound by the Social Media guidelines contained within the [BA Member Protection Policy](#).
- g. All coaches and officials of persons under the age of 18 will be subject to obtaining and providing SBA with a validated, current Working with Children Check. There is no cost for this check if you are a volunteer. For more information, you can visit [Working with Children application](#).
- h. Any player, official, coach, or support staff suspected of being under the influence of alcohol or illegal substances will not be allowed to play or be involved with the operations of games.
- i. SBA is an incorporated association and operates in accordance with the [SBA Constitution](#).

2. Competition Fees and Refunds

There are two components to basketball fees - Competition fees (also known as Season fees) and annual registration.

- a. All players are required to be registered with BNSW with Shoalhaven as their Primary Association or Secondary association through affiliation. Registration is paid annually. Fees are subject to change. Current [SBA registration fees](#) information is available here.
- b. Completion fees can be paid upfront or in two instalments. Upfront payments and the first instalment are due prior to the commencement of the season. The second instalment is due halfway through the season. Players who have not paid their competition fees by three weeks from the due date will be removed from their teams and will not be allowed to play until these fees are paid.

SHOALHAVEN BASKETBALL ASSOCIATION

Domestic Competition Rules



- c. Competition Fees are to be paid online here: [SBA Competition fee payment](#)
- d. It is the player's responsibility to contact SBA if they encounter any issues and are unable to pay competition fees.
- e. Players seeking refunds due to missed game/s can request on the following grounds by submitting a completed SBA Refund Request Form:
 - i. Illness/Injury – If two consecutive weeks are missed and a Medical Certificate is supplied in support.
 - ii. Vacation – Given that written notice is given 4 weeks prior to the vacation.All requests should be sent via email to enquiries@shoalhavenbasketball.com.au for approval by the Competitions & Member Manager.
- f. Refunds for forfeits and byes will be given at the end of the season where applicable. A Refund of match fees due to a forfeit will only be given if a scratch match is not played. See paragraph 13 for more information on forfeits.
- g. Public Holidays will be taken into consideration when season fees are finalised.
- h. SBA has the right to not accept or disqualify any team and/or its members if they are not financial with BNSW and/or SBA at any time, before or during a competition, including all finals.
- i. U19 Boys Competition: Players in the U19 Boys competition will pay full junior fees, regardless of their age. If they choose to also play in the SBA Senior competition, they will pay the relevant full Junior competition fees and 50% of the Senior competition fees.
 - i. Please note, that age is based on the age you are turning in the year applicable to the season, not necessarily the age you are when registering for a season. i.e., If you are registering for the Summer 23/24 competition in October 2023 but turn 18 on the 1 Jan 2024, you will be processed as an 18-year-old.
 - ii. Annual registration will be applied based on the age of the player, at the time they are renewing or registering.

3. Competition Points

- a. **Regular Season:** If a game in the rounds ends in a draw, then both teams are awarded 2 points.
- b. **Finals: If teams are on equal points going into the semi-finals, teams will be placed** according to points for divided by points against, multiplied by 100.
- c. **Game ending injury/Act of God:** In the event of a game ending injury of Act of God occurring before half time, then both teams will be awarded 2 points. If the event occurs after half time, then the team that is winning at the time will be declared the winner and will receive 3 points.

Result	Junior Domestic	Senior Domestic
Win	3 Points	3 Points
Loss	1 Point	1 Point

SHOALHAVEN BASKETBALL ASSOCIATION

Domestic Competition Rules



Draw	2 Points	2 Points
Receiving Forfeit	3 Points	3 Points
Giving Forfeits - Notified	-2 Points	-2 Points
Giving Forfeit - Unnotified	-2 Points	- 4 Points

Table 1. Competition Points

4. Team Registration

- a. **Seniors and U19s:** Team delegates will be sent renewal notices before the end of the current competition. Failure to complete the online form could see the team excluded from the next competition.
 - i. Registration for Senior competition and U19's competition will not be accepted without the nomination of a minimum of two referees.
 - ii. SBA recommends a minimum of 7 players for a senior team, to prevent forfeits. If your team chooses to have less than 7 players, your team is subject to being withdrawn from the competition if they forfeit 3 times within one season. In this instance, refunds will not be awarded.
 - iii. Players joining a team after team nomination must notify the Competitions & Member Manager prior to their first game.
 - iv. Junior players must request and be granted permission from SBA to participate in senior competitions as per the *Junior Player Movement Policy*. You can access the policy here: [Junior Player Movement Policy](#)
 - v. There is a limit of two (2) players under the age of 17 per senior team.
- b. **Juniors:** All players choosing to play in the Junior competition will attend a Muster Day at the start of the season. On Muster Day SBA coaches will consult and advise team structures based on player ability, friendships will be taken into consideration but cannot be guaranteed. The Competitions & Member Manager is to approve and advise members of teams.
 - i. Representative players must be evenly placed to ensure balanced competition.
 - ii. Each team must have a minimum of 7 players.
 - iii. SBA has the discretion to adjust teams if required. All changes must go through the Competitions & Member Manager.
 - iv. Changes can be requested throughout the season but must be approved by the Competitions & Member Manager
 - v. Players that register before Muster will be placed in a team. Players that request to join after Muster must be approved to play and placed in a team by the Competitions & Member Manager
 - vi. If the competition is at capacity, players requesting to join will be placed on a waitlist and contacted if a position becomes available or when registration for the new season is open.

5. Player Registration

- a. All players must be registered before participating in a competition. [Click here to register.](#)

SHOALHAVEN BASKETBALL ASSOCIATION

Domestic Competition Rules



- b. If a team plays an unregistered player, it will be treated as an unnotified forfeit. See paragraph 3.3 for more information.
- c. Registration reminders will be generated and sent to the last email address provided to SBA. Members are encouraged to regularly check and update their details via the registration platform or by contacting SBA.
- d. Aussie Hoops players moving up to play U12s in the same calendar year, will be offered a complimentary upgrade for 12 months of registration. More details can be obtained by emailing the Competitions & Member Manager enquiries@shoalhavenbasketball.com.au
- e. Current registration fees can be found here: [SBA registration fees](#). If a player plays a game and they are unregistered, the game will not count as played for the purposes of eligibility to play in finals.
- f. SBA Junior players will move up an age division at the start of the Summer season. This is due to the fact the Summer season continues and is completed in the following year. If a parent of a player feels they are not ready to transition to the next age group, they may request an exemption. See the Junior Player Movement Policy, accessible here [Junior Player Movement Policy](#) for more information.

6. Uniforms Requirements

- a. Players are to wear team uniforms for all games.
- b. No part of the SBA Junior or Senior representative uniform is to be worn for domestic competitions.
- c. For each player in an incorrect uniform, the opposing team will receive 2 match points per player, added to their score at half-time. If both teams have an equal number of players in an incorrect uniform, the uniform penalty will not apply.
- d. **Senior Uniforms**
 - i. Senior teams are to organise their own playing singlets. This may be organised through an outside company or the team may purchase SBA domestic playing singlets.
 - ii. If a team has a full uniform, the same colour shorts will be accepted, otherwise black shorts or tights without pockets, rivets, eyelets, or zippers are the accepted standard.
 - iii. All singlets must be legally numbered with numbers clearly visible on the front and back. Electrical or masking tape is not legal numbering.
 - iv. Uniform penalty will not be applied whilst teams organise uniforms, provided the team delegate has provided a receipt of the singlet order to the Competitions & Member Manager.
- e. **Junior Uniforms**
 - i. SBA reversible playing singlet must be worn. Black shorts or pants without pockets, rivets, eyelets, or zippers are the accepted standard.
 - f. T-shirts, black or the same as the predominant colour as the playing singlet, are permitted to be worn under the playing singlet.
 - g. SBA recommends that players tuck their shirts into their playing shorts but will not enforce this, it will be left to the player discretion.
 - h. The following black compression garments are permitted to be worn:
 - Sleeveless tops.
 - Calf sleeves.

SHOALHAVEN BASKETBALL ASSOCIATION

Domestic Competition Rules



- Arm sleeves.
 - Quad sleeves.
 - Leg garments; and
 - Headgear, but it must have no buttons or pins, or pose a safety risk.
- i. Suitable non-marking sporting footwear must be worn by all players and duty officials on the court.
 - j. Visible body jewellery and accessories such as but not limited to necklaces, bracelets, rings, facial piercings, and hoops or dangling earrings, must be removed before a player can take to the court.
 - k. SBA recommends players remove all earrings; however, studded earrings will be permitted to be worn at the player's own risk.
 - l. Hair accessories are not permitted to be worn.
 - m. It is the player's responsibility to remove their jewellery before taking to the court. If, during a game, a player is found to be wearing jewelry, referees may substitute that player. After the player has removed their jewellery, they may rejoin the game at the next available substitution opportunity. The game itself will not stop.
 - n. Nails are to be kept short, taped, or covered by gloves.
 - o. Hair that obscures the player's singlet number must be tied up in a way that allows the number to be visible.

7. Timing

- a. Once the referee is ready to start the game, the clock will start regardless of whether the teams and score bench are ready or not.
- b. Teams are expected to be ready to start the game on time. If a team is late, the referee is to start the clock and the late team will be penalised 2 match points for every minute until 10 minutes, whereby the game will be declared a forfeit. If the game proceeds before the 10-minute mark, the opposing team will receive the relevant number of match points added to their score before the game commences.
- c. **Senior Competitions**
 - i. All games start at the appointed time. Games will be conducted as 4 x ten-minute quarters with 1 minute between each quarter and 3 minutes for half time.
 - ii. Each team will be allowed 1 timeout in Quarters 1, 2, and 3 and 2 timeouts in Quarter 4.
 - iii. Games are to operate with a running clock.
 - iv. The clock will stop for all timeouts and in the last minute of the final quarter if the points difference between the teams is 6 points or less.
 - v. Semi-finals and Finals games are timed as per round games, except for the last quarter, where the clock will stop for every whistle in the last 3 minutes of the game regardless of the score difference.
 - vi. Extra Time:
 - **Round Games:** In the event of a drawn game, no extra time will be, and teams will share the competition points.
 - **Semi-finals and Finals:** a 5-minute extra period will be played until a winner is determined.
- d. **Junior and U19 Competitions**

SHOALHAVEN BASKETBALL ASSOCIATION

Domestic Competition Rules



- i. All games start at the appointed time. Games are conducted as 2 x twenty-minute halves with 2 minutes for half time.
- ii. Each team will be allowed 2 timeouts per half, with the clock only stopping in the final minute of the last half for timeouts.
- iii. Games operate with a running clock:
 - The clock will stop for all timeouts and in the last minute of the final half if the points difference between the teams is 6 points or less.
 - Semi-finals and Finals games are timed as per round games, except for the last half where the clock will stop for every whistle in the last 2 minutes of the game, regardless of the score difference.
- iv. Extra Time:
 - **Round Games:** In the event of a drawn game, no extra time will be, and teams will share the competition points.
 - **Semi-finals and Finals:** a 3-minute extra period will be played until a winner is determined.

8. Eligibility and Player Movement

- a. Teams need a minimum of four (4) players to start a game and must always maintain two (2) players throughout the game.
- b. For a player to qualify to play in a Semi-final or Final, they must play 40% of the games of the scheduled competition round games as per the relevant draw.
- c. All players are required to log into the court iPad prior to the game commencing. Players will not be added until a break in play and cannot take to the court until added.
- d. Byes and forfeits are not classed as a game played and therefore do not contribute to finals eligibility.
- e. If a player is unable to play due to an injury or illness, a doctor or physiotherapist's certificate will be required to have missed games credited to the player.
- f. A player cannot play in a lower grade unless an exemption has been granted by the SBA Board or Competitions & Member Manager. You can request this by emailing enquiries@shoalhavenbasketball.com.au
- g. Teams that play illegal players will lose 3 competition points for every game that the player participates in.
- h. **Seniors:**
 - i. A player may only play in one grade throughout the competition and finals series.
 - ii. Players can play up a grade if needed, however, if a player plays 3 or more games up a grade, the player must stay and compete in that grade until the end of the competition.
- i. **Juniors:**
 - i. If a team is short on players, they may use a younger player so long as that player is a top-age player in the age group below, to make a team of 5 players. This can't be used to acquire substitutions.
 - ii. They cannot use players already registered in the same competition or an above grade or the game will be considered a forfeit.
 - iii. They cannot use players already registered in the same competition or an above grade or the game will be considered a forfeit.

SHOALHAVEN BASKETBALL ASSOCIATION

Domestic Competition Rules



- j. Players are to play in their own age group. Junior players may request to be considered to play in another age group or in the senior competitions if they complete the Junior Player Movement Request form and provide it to SBA. After the request is received a determination will be made by the SBA board or Competitions & Member Manager, considering *the Junior Player Movement Policy*. The policy can be accessed here [Junior Player Movement Policy](#) for more information.

9. Duty - Score bench and Referee

- a. **Seniors:**
- Duty teams will be rostered on the competition draw.
 - The team must supply at least 2 players for score bench duty and 2 referees.
 - SBA will attempt to supply referees; however, teams will be required to supply referees upon request of their duty game.
 - If teams are unable to fulfil their duty, they should notify the Competitions & Member Manager on 0412 777 184 or enquiries@shoalhavenbasketball.com.au as early as possible.
- b. If a team fails to complete its duty commitments, penalties will apply as per table 3.

1st offence	Notification and loss of 3 competition points.
2nd offense	Notification and loss of 5 competition point
3rd offence	The team will be suspended from competition for the following week and their game will be forfeited.
4 th Offence	The team will be withdrawn from the competition.

Table 3. Failure to complete Duty Penalties

- c. Match fees will not be refunded to the team giving the forfeit.
- d. In the event of a team forfeiting, rostered teams are still expected to complete their duty.
- e. **Juniors:**
- Score bench Duty is to be provided by the parents, carers, and supporters of the teams playing.
 - Junior Representative players from U14's have a duty to have, or acquire during the season, an Association Community or level Y1/Y2 referee certificate and be available to referee the Domestic competition as per [SBA's Junior Representative Handbook](#).

10. Junior Coaches

- Domestic coaches can nominate prior to or at Muster.
- Domestic Coaches are required to be registered members of SBA.

SHOALHAVEN BASKETBALL ASSOCIATION

Domestic Competition Rules



- c. Domestic Coaches are not required to have any coaching accreditations, however it is recommended. Email enquiries@shoalhavenbasketball.com.au if you are interested in completing a course.
- d. All junior Coaches are required to hold and provide SBA with a valid Working with Children Check.
 - i. Required Working with Children Check information will be collected on Muster.
 - ii. A parent or close family relative who is volunteering as a coach for their child's team is exempt from this.

Section 3 of the Child Protection (Working with Children) Regulation 2013 defines close relative as:

- a) *A spouse or de facto partner of the person, or*
 - b) *a child, stepchild, sibling, stepsibling, parent, step-parent, grandparent, step-grandparent, aunt, uncle, niece or nephew of the person, and includes, in the case of an Aboriginal person or a Torres Strait Islander, persons who are part of the extended family or kin of the person according to the indigenous kinship system of the person's culture.*
- e. All persons attending SBA basketball activities are required to abide by the relevant Code of Conduct. The coach's code on conduct can be accessed here: [Code of Conduct - Coaches](#)

11. Junior Operations - Specific Rules

- a. **Player Substitution:** Junior Domestic basketball emphasises player development and enjoyment. To achieve these goals, coaches are required to ensure that all players receive equal game time and that every player participates in both halves of the game.
- b. If an U12 team only has four (4) players attend a game, the opposing team must also play with only four (4) players on the court.
- c. **Zone Defence:** As there is a general acceptance that the consistent use of zone defences in the younger age groups adversely affects the development of both defensive and offensive skills in younger athletes the use of a zone defence is banned in all U10, U12 and U14 age divisions. For a full understanding of what is deemed Zone Defence and what is not permitted, visit: [BNSW Spalding Waratah League By-Laws](#)

12. Referees accessible

- a. An electronic referee payment system is in place for referees.
- b. The current referee payment system is available via the SBA website, [accessible here](#).
- c. No player, coach or spectator is permitted to question or argue with the referee regarding their decision.

For Senior players, the process is:

1. During a dead ball situation, politely approach the referee and request an explanation of the call that was made. The referee will endeavour to answer your question succinctly. Please note that this is not an opportunity for a debate; or
2. If your concerns remain, during a break in the game, speak to the Court Controller; or
3. If the Court Controller is unavailable, speak to myself, the Competitions and Member Manager. I am present at the stadium during all competitions.

SHOALHAVEN BASKETBALL ASSOCIATION

Domestic Competition Rules



For Junior Domestic coaches, the process is:

1. During a dead ball situation, politely approach the referee and request an explanation of the call that was made. The referee will endeavour to answer your question succinctly. Please note that this is not an opportunity for a debate; or
2. If your concerns remain, during a break in the game, speak to the Court Controller or Referee Supervisor; or
3. If the Court Controller/Referee Supervisor is unavailable, speak to the Competitions & Member Manager.
4. Please note, you may not approach or speak to green shirt referees at any time. They are still learning to officiate and are usually under 18. If there is a senior referee on the game with the green shirt referee, you may ask your question of them. If not, then steps 2 and 3 above apply.
 - i. If a player, coach, or spectator has constructive feedback they feel would benefit the referee, they can pass this information on to the Referee Supervisor, Court Controller or Competitions & Member Manager, who in turn can speak with the referee, if they feel necessary.
 - ii. Consequences of speaking inappropriately to a referee are dependent upon the nature of the unacceptable communication and repeat offences but may consist of the following.
 - Verbal warning;
 - Formal written warning;
 - Removal of the individual from the stadium/courtside. This action should be carried out by the Court Controller or Competitions & Member Manager;
 - Cited and referred to the Disciplinary Tribunal.
- d. The Referee Supervisor has responsibility for training and working with inexperienced referees. Referee Supervisors and Court Controllers may also provide courteous instruction and feedback to referees in real time.
- e. To progress in grading and pay rate, referees are required to complete courses, listen to feedback and referee to the best of their ability in an unbiased manner.
- f. All concerns about referees should be addressed to the Referee Supervisor or Court Controller, if unavailable the Competitions & Member Manager can be contacted.

13. Forfeits

- a. If a team must forfeit a game, they must notify SBA a minimum of twelve (12) hours prior to their scheduled game time by calling 0412 777 184 or emailing enquiries@shoalhavenbasketball.com.au
- b. If a team forfeits a game, then a forfeit penalty as indicated in Table four (4) below will be applied.
- c. In the event of a team forfeiting, rostered teams are still expected to complete their duty.
- d. A team will forfeit if it does not have four (4) players ready and able to start the game within 10 minutes of the scheduled game time.

SHOALHAVEN BASKETBALL ASSOCIATION

Domestic Competition Rules



- i. For a team to claim a win due to an opposition's unnotified forfeit, the team must have a minimum of four (4) players present on the court, in uniform and, registered on Courtside unless notified of the forfeit by SBA prior to the game.
- ii. In the event of neither team being correctly represented, a double forfeit will be called and both teams will receive a forfeit penalty as per unnotified forfeit.
- e. When a team receives a forfeit, they may be refunded their match fees provided they do not use the court. However, if the court is used for a scratch match, then neither team will be refunded.
- f. Senior teams that forfeit more than three (3) times during the duration of the competition may be disqualified from the competition subject to a decision of the Competitions & Member Manager and the Board.
- g. In the event of a Senior team being disqualified from the competition, competition fees will not be refunded.

Offence	Junior Penalty	Senior Penalty
Receiving Forfeit	3 Points	3 Points
Giving Forfeits - Notified	-2 Points	-2 Points
Giving Forfeit - Unnotified	-2 Points	- 4 Points
1 st Offence	Loss of points	Loss of points
2 nd Offence	Loss of points	Loss of points
3 rd Offence	The team may be given additional players from the waitlist, or the team may collapse with players relocated to other teams.	Loss of points or possible disqualification from the competition

Table four (4). Forfeit Penalties

14. Junior Competitions - Mercy Rule

- a. Once a team is winning by twenty (20) points, the Mercy Rule applies, and the leading team must only play defence up to the opposition's three (3) point line.
- b. Once the Mercy Rule is applied the clock will not stop and the scoreboard will cease to display scores, Scores will continue to be recorded on Courtside.
- c. In U10s and U12s, the rule will be applied by the referees, with reference to the team coaches.
- d. In U14s and above, the rule will be applied upon a request from the losing team coach.

15. Tribunals and Complaints Handling

- a. Any player that is cited or disqualified is required to present themselves to a Disciplinary Tribunal in accordance with the S BA Constitution and/or BNSW Disciplinary Tribunal By-Laws.
- b. The cited or disqualified player, when directed by SBA will appear at such time and place as directed.

SHOALHAVEN BASKETBALL ASSOCIATION

Domestic Competition Rules



- c. Failure to attend will give the Disciplinary Tribunal the right to determine the matter on its merits without the player's evidence.
- d. The reported player and the Disciplinary Tribunal have the right to call on any person to support their cases. A Junior player should have an adult or advocate present.
- e. Any team or member wishing to lodge a protest or complaint about any aspect of the game, can do so by completing the enquiry form on our website, accessible here [accessible here](#). Please select 'Feedback' as the subject.

16. Technical and Unsportsmanlike Fouls

- a. Any player who is given a technical foul during the game will be required to leave the court for three (3) minutes. The time will be recorded by the bench officials.
 - i. Players will not sit with their team on the bench during this time but in a place nominated by the Referee or Court Controller.
- b. Any player, spectator, coach, or support staff who receives two (2) technical fouls or two (2) unsportsmanlike fouls or a combination of both, will be required to leave the stadium and may not participate in the game any further.
 - i. The Referee, Referee Supervisor and Court Controller have the option to cite this player and refer them to the Disciplinary Tribunal.
 - ii. The player will receive a letter from SBA reminding them of their obligations when playing in an SBA competition.

17. Accidents and Injuries

- a. In the event of an injury, the referee will use his or her discretion as to when to stop the game.
 - i. This is usually only when the flow of the game turns toward the injured player or the next whistle.
 - ii. If an injured player wishes to go off the court, should sit on the court to obtain the referee's attention.
- b. Team officials and spectators are prohibited from entering the court until advised by the referee. If they do enter the court, the injured player must be substituted immediately. Once the injured player has been cleared of the injury, they may return to play at the next substitution opportunity.
- c. When an accident occurs, the Court Controller should be notified by the referees, as soon as possible after the accident. The Court Controller should then, ensure an incident report is completed and entered online here: [Injury Report Form](#)
 - i. The form is accessible via Basketball NSW website and can be completed by anyone. SBA staff do not have to complete the form unless requested but will offer to complete it or provide information on how to, to the injured player and/or their parent or guardian.
- d. When injured, players should:
 - i. Report the injury to the Referee, Court Controller or Competitions & Member Manager
 - ii. Request the Association complete the injury report or complete it themselves.
 - iii. Obtain a claim form from the BNSW website: [Claim form](#)
 - iv. Complete the claim form as per the instructions on the form; and

SHOALHAVEN BASKETBALL ASSOCIATION

Domestic Competition Rules



- v. Liaise with the insurer if you have further questions on how to make a claim.
- e. A player must notify their home association if they are not registered with SBA.
- f. **Blood Policy:** During the game the official shall order any player who is bleeding or has an open wound to leave the playing court and the player is to be substituted.
 - i. Before the player is allowed back into the game the wound should be treated (no further bleeding) and the affected area completely and securely covered.
 - ii. If there is blood on the uniform the player should change the uniform immediately. Under no circumstances should a player with wet or dry bloodstains on their uniform be allowed on the court.
 - iii. A player returning to the court with a blood-stained uniform will be prohibited unless the uniform has been soaked in the recommended solution for at least five minutes and thoroughly rinsed off with water.
 - Recommend solution: Destroy the HIV with a solution of 0.5% bleach and 2% detergent mixed with water and applied for five minutes.
 - Normal machine washing would kill the virus on pieces of clothing.
 - The HIV virus can remain active in dry blood for up to 7 days.

18. Review at a Glance: to be read in conjunction with the above rules and policies.

- a. Players MUST sign on via the iPad to be given a game credit.
- b. Competition fees are paid either upfront or in 2 installments. No pay no play.
- c. Unregistered players or players with overdue fees will be removed from courtside. Players are not allowed to play unregistered, otherwise, the team will forfeit.
- d. Byes and forfeits do not count as games played.
- e. Senior duty teams are to supply two (2) referees and two (2) score bench people unless SBA has arranged suitable referees. Teams are to contact the Competitions & Member Manager on 0412 777 184 or enquiries@shoalhavenbasketball.com.au if you are unable to fulfil your duty.
- f. Junior players are to be allocated equal court time.
- g. Zone Defence is not allowed in U10, U12 and U14 competitions.